

February 3, 2015



SFN Events & Holidays

February

9th Family Day & Office Closed
14th St. Valentines Day

March

8th Daylight Savings Time (Spring Ahead)
17th St. Patrick's Day
20th First Day of Spring



Massage

Every Tuesday is massage for Elders and Jr Elders.

Book with reception. Please call to cancel or let us know so someone can fill the appointment.

Sumas First Nation

Community

Family Gathering

February 17, 2015

Chief Dan George Middle School Gym
32877 Old Riverside Road

5:00pm (Dinner included)

All are welcome to this free event

Join us to celebrate the signing of our Aboriginal Education Enhancement Agreement.

This is a free event for the families and friends of our Aboriginal students.



Aboriginal Education

Health

February 18th @ 11:00am Pre & Post Natal

February 19th Eye Clinic with Dr Dyke

Monday's & Friday's Nurse Practitioner Marie Weatherby is back & seeing patients.

Morning appointments only!

(Please book all of your appointments with Janice ext.118)



"What day is it.?" asked Pooh.
"It's today," squeaked Piglet.
"My favorite day," said Pooh.

GeniusQuotes.net

MARCH 9/10 16/17 23/24
A community learning series
with Dr. Allyson Cushing

Historical Impacts; Understanding Trauma;
Self-Care

Dr. Cushing delivered these sessions to Staff and Council a year and a half ago. Staff raved about it, and the Community asked why we had not offered this to a wider audience.

You asked, we listened!!

Sessions will run the full day. Lunch and snacks will be provided.



Sumas First Nation Health & Administration

Learning together for a better future!

Three sessions, so sign up for one day each week (Doesn't have to be the same day each time)

Space is limited - Sign up today

Don't come alone! bring a family member!

Childcare provided
(Please indicate you need it when you sign up)

Please register by February 27th

To sign up, contact either Kimberley Laing or the Receptionist at Building One
604-852-4041

Kimberley.Laing@sumasfirstnation.com
Reception@sumasfirstnation.com

Community Events



*Ohana means family,
family means nobody gets
left behind!*

“OHANA”

FAMILY NIGHTS

The last Thursday of every month @ The Sumas Community Hall

Please come and join us for our monthly Family Nights!

We will cook and share a meal together, followed by a fun family activity—the first night we will have a Family Game Night, and after that..... Well, after that, it is up to you!

There is no agenda, no pressure—just an opportunity to come together as a community, and have a good time doing so.

The first session will be held on: Thursday, February 26th

Starting at 5:00pm at The Community Hall

If you can't be there at 5:00pm, come when you can!

Sponsored by Sumas Community Development

Community



Fraser Valley Aboriginal Children and Family Services Society

Board of Directors
#1-7201 Vedder Road
Chilliwack, BC V2R 4G5

Phone: 604-858-0113
Fax: 604-824-5326
Toll Free: 1-800-663-9393

NOTICE OF NOMINATIONS MEETING

Notice is hereby given, that Fraser Valley Aboriginal Child and Family Services Society (FVACFSS) will hold a Nominations Meeting at Coast Chilliwack Hotel - Fraser Room, located at 45920 First Avenue, Chilliwack, BC on Thursday, February 12, 2015 from 5:00 pm to 7:00 pm. The purpose of this meeting includes the following:

1. To provide a final opportunity for individuals to hand deliver nominations of prospective candidates for the Board of FVACFSS to be voted on at the FVACFSS AGM on February 26, 2015. Note the deadline for all nominations to the Board of FVACFSS will be 5:00pm on Thursday February 12, 2015.
2. To provide Society members with an overview of the process for selecting nominees to be included on the ballot of potential board members for election at the February 26, 2015 AGM.
3. To review received nominations and confirm the candidates to be included on the ballot for the Board election at the AGM

Please note individuals must be a member of FVACFSS in order to put forward a nomination, and all prospective nominees must be members of the Society. At the Nominations Meeting we will accept membership applications for review and approval.

Nomination forms may be submitted by either:

Sending in your completed and signed nomination forms to Anne-Marie Proznick at #1 - 7201 Vedder Road, Chilliwack, B.C. V2R 4G5. Tel: 604-858.0113, e-mail: anne-marie.proznick@xyolhemeylh.bc.ca prior to the date of the nominations meeting and follow up with Anne-Marie to confirm that she has received it and that the form is complete. The deadline for submitting nominations to Anne-Marie is 4:30pm on Wednesday February 11, 2015.

2. Hand deliver nomination forms directly to the Nominations Committee from 3:00pm to 5:00pm Thursday February 12, 2015 at the Coast Chilliwack Hotel venue listed above.

In order to ensure that all board candidates are adequately vetted prior to the election, we will not be receiving nominations after 5:00pm on February 12th and will NOT be receiving nominations from the floor during the AGM on February 26, 2015.

Please contact Anne-Marie Proznick at tel: 604-858-0113 e-mail: anne-marie.proznick@xyolhemeylh.bc.ca if you would like to receive a Board of Directors Nomination Form or would like to submit a completed nominations form.

BY ORDER OF THE BOARD OF DIRECTORS

Wenona Victor
Chair of the Nominations Committee

NOTICE OF ANNUAL GENERAL MEETING

NOTICE IS HEREBY GIVEN that the Annual General Meeting (AGM) of the members of **Fraser Valley Aboriginal Children and Family Services Society (FVACFSS)** will be held at the **Squiala Gymnasium, 45005 Squiala Road, Chilliwack BC** on Thursday, February 26, 2015 at 5:00 PM, PST, for the following purposes:

1. To confirm the current membership of FVACFSS.
2. To approve the minutes from the November 21, 2013 Annual General Meeting.
3. To approve the minutes for the September 24, 2014 Extraordinary General Meeting.
4. To receive annual reports from the Directors.
5. To present the FVACFSS audited financial statements and Auditor's report.
6. To appoint the Auditor for FVACFSS.
7. To confirm FVACFSS Board nominations approved at the February 12, 2015 Nominations meeting.
8. To elect 5 Directors to the FVACFSS Board from the list of approved nominations.

In accordance with the Society's Constitution & Bylaws:

- ◆ Quorum must be present for transaction of business at the meeting.
- ◆ All members in good standing must register prior to the start of the meeting and receive a voting paddle in order to vote on motions.
- ◆ Voting on motions or resolutions shall be in accordance with Robert's Rules of Order.
- ◆ Additional nominations to the Board will not be received from the floor at the meeting.
- ◆ Ballots will be used for election of Board candidates.

FURTHER INFORMATION:

- ◆ Membership renewals may be processed any day leading up to the membership cut off of 4:30pm on the date of the AGM. Individuals who do not have a validated membership card prior to **4:30pm** will not be able to register for and vote at the AGM.
- ◆ Meeting registration will take place prior to the meeting between 2:00pm and 5:00pm at the AGM venue on February 26, 2015. Individuals with a valid membership card must register prior to **5:00pm** and receive a voting paddle in order to vote at the AGM.
- ◆ Photo identification and a document with proof of a current residential address will be required to register (i.e. Passport, Drivers License, Status Card, and a recently dated utility bill or other document with your current residential address).
- ◆ For information regarding membership please contact Anne-Marie Proznick at Tel: 604-858-0113 or e-mail: anne-marie.proznick@xyolhemeylh.bc.ca
- ◆ A dinner will be served from 4:00pm to 5:00pm prior to the AGM.

DATED at the City of Chilliwack, in the Province of British Columbia, this 9th day of January, 2015.

BY ORDER OF THE BOARD OF DIRECTORS

Wenona Victor

Wenona Victor
Chair of the Nominations Committee



FVACFSS MEMBERSHIP APPLICATION FORM



STEPS TO BECOME A MEMBER

In order to become a member of FVACFSS and vote at the upcoming FVACFSS AGM on Thursday February 26, 2015 you will require a valid FVACFSS membership card with an expiry date of November 2015. If you have misplaced your membership card or have not become a member of the Society please fill in the information below and submit it to FVACFSS. After processing the application a FVACFSS representative will contact you at the phone number provided to confirm how you may receive your newly issued membership card.

WHO IS ELIGIBLE TO BECOME A MEMBER

Individuals who are entitled to be members of the Society are "Aboriginal People" over the age of 18 and who:

1. Reside Off reserve within a community that is located within the FVACFSS Geographic Service Area and the community receives services from the Society.
2. Reside On the reserve of a First Nations Community located within the FVACFSS Geographic Service Area, and such First Nations Community has committed to receive services from FVACFSS by way of a Band Council Resolution.

Individuals, who reside outside of the FVACFSS Geographic Service Area or on the Reserve of a First Nation Community that does not receive services from FVACFSS, are not eligible to be members of the Society. If you have any questions about membership please contact Anne-Marie Proznick at 604-858-0113 or e-mail: anne-marie.proznick@xyolhemeylh.bc.ca

AT THE AGM

Note that FVACFSS will also process membership application forms on Thursday February 26, 2015 at the AGM venue between 2:00 pm and 4:30 pm. Individuals who do not have a validated membership card prior to 4:30pm will not be able to register for and vote at the AGM. All members attending the AGM are required to bring two pieces of identification in order to register as a voting member: (1) proof of identification with a signature that matches their membership application form (i.e. valid passport, drivers license, Status card, etc.) as well as, (2) a document confirming your current residential address (i.e. utility bill or other recently dated document with your residential address).

MEMBER APPLICANT INFORMATION

Please fill in the following information and send or hand deliver it to Anne-Marie Proznick at #1 - 7201 Vedder Road, Chilliwack, B.C. V2R 4G5 or by fax: 604-824-5326 or via e-mail at anne-marie.proznick@xyolhemeylh.bc.ca

Name (As written on I.D.)	Affiliation (First Nations, M6tis, Urban)	Over 18?
Street Address	City/Town	Postal Code
Phone Number	E-mail Address	

Signature of Applicant

Date of Application

Member Signature (Confirmed)	Proof of Residency (Confirmed)	Assigned Membership Card Number



Family Education Program

In Partnership with

Fraser Valley Aboriginal Child & Family Services Society

Presents

Raising Up a Family



A parenting program welcoming families with children 0-6.

In this Program parents come together with an Aboriginal Elder and group facilitator to:

- Develop skills and strategies that will create deep connections and healthy interactions in their family.
- Walk away with discipline tools to help children reach their full potential in daycare, school and life.

This program is based on Traditional Teachings and includes cultural crafts, storytelling, and the sharing of food.

Free Program

Where: Abbotsford Community Services

2420 Montrose Avenue

Abbotsford, BC

When: Fridays

February 6—March 27, 2015

Time: 9:30—12:15pm

Registration is required. Please call:

604-859-7681

Lise ext. 242

Yvonne ext. 220



**Childcare &
Transportation**

**Everyone
Welcome**



Social Assistance

its all about....
Career, Research & Exploration



Guiding Circles Workshop

Date: Thursday February 19th
Time: 11:00 - 12:00pm
Catered luncheon
Location: Sumas First Nation

Workshop topics:

Telling your Story

Interests

My Career Circle

all
about
me



Facilitated by Gracie Kelly, Career Practitioner
SASET / Chawathil First Nations Employment Outreach

Contact info: (604) 793 8992 or Email: gracie.kelly@saset.ca

This is a mandatory workshop for all Social Assistance Clients It replaces one visit with the Employment Counsellor and your cheques will be distributed at the end of the workshop. **No Exceptions!**

Elders

Personal Credits

The Indian Residential Schools Settlement Agreement stipulates that once all Common Experience Payments (CEP) have been made, if more than \$40 million remains in the Trust Fund, the funds are to be made available to CEP Recipients, upon application, in the form of non-cash Personal Credits of up to \$3,000 each for educational purposes.

- ◆ CEP Recipients will be able to choose to transfer their Personal Credits to certain Family Members as defined in the Indian Residential Schools Settlement Agreement and the **Terms and Conditions**;
- ◆ **Terms and Conditions** for Personal Credits have been developed by Canada and the Assembly of First Nations and by Canada and Inuit Representatives to determine which Education Entities and Groups and which Educational Programs and Services are eligible;
- ◆ Once the Personal Credits have been distributed, any amount remaining in the Trust Fund on June 1, 2015 is to be paid to the National Indian Brotherhood Trust Fund and the Inuvialuit Education Foundation to be used for educational programs.

Important Deadlines

The deadline for CEP recipients to submit a Personal Credits Acknowledgment form has been extended: March 9, 2015.

The deadline for educational entities and groups to submit Redemption forms has been extended: June 8, 2015

The deadline for completion of courses or activities supported by Personal Credits has been extended to August 31, 2015, thus allowing additional time to access educational opportunities.

In January 2014, a Personal Credits Acknowledgment Form was mailed to each CEP Recipient who has received a CEP payment. The Acknowledgment Form must be completed and returned to the Personal Credits Administrator no later than March 9, 2015.

By phone: 1-866-343-1858 or 1-877-627-7027 (TTY)

By mail: Personal Credits Administrator
Suite 3—505, 133 Weber St N Waterloo, ON N2J 3G9

By fax: 1-888-842-1332

By email: IRSPersonalCredits@crawco.ca

Incomplete information may lead to delays or denial of your request for Personal Credits.

Halq'eméylem

Halq'eméylem

Chékel

Pípehò:m

Pronunciation

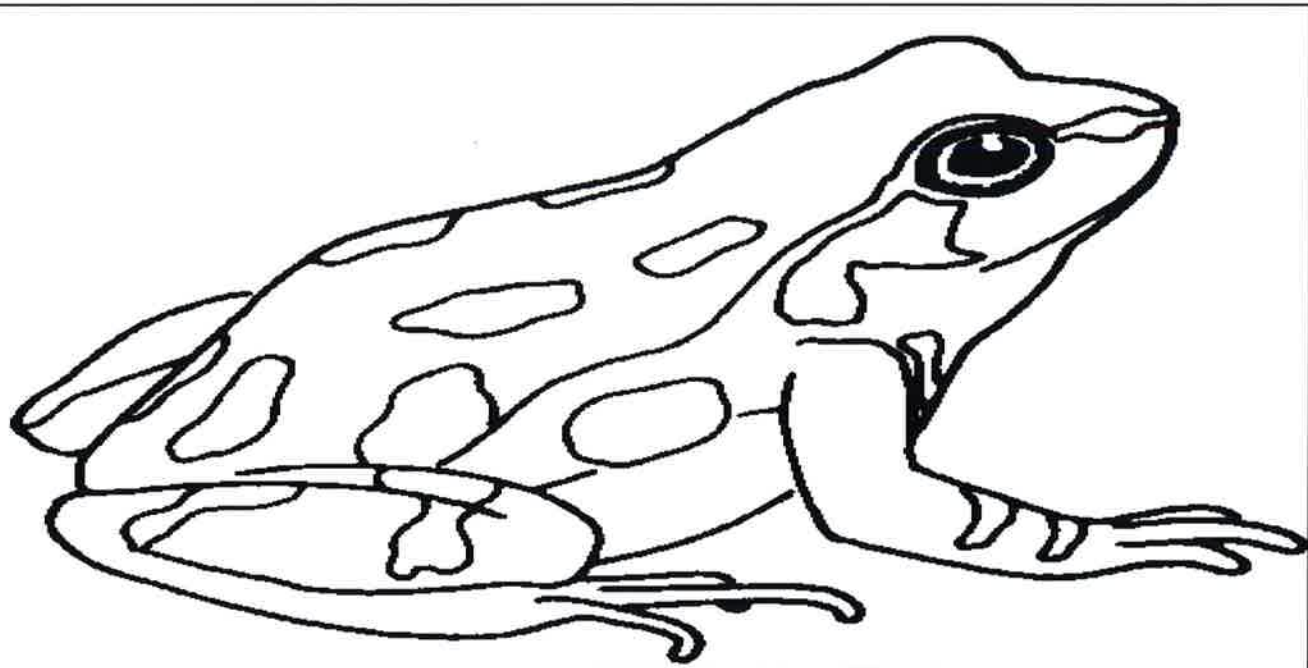
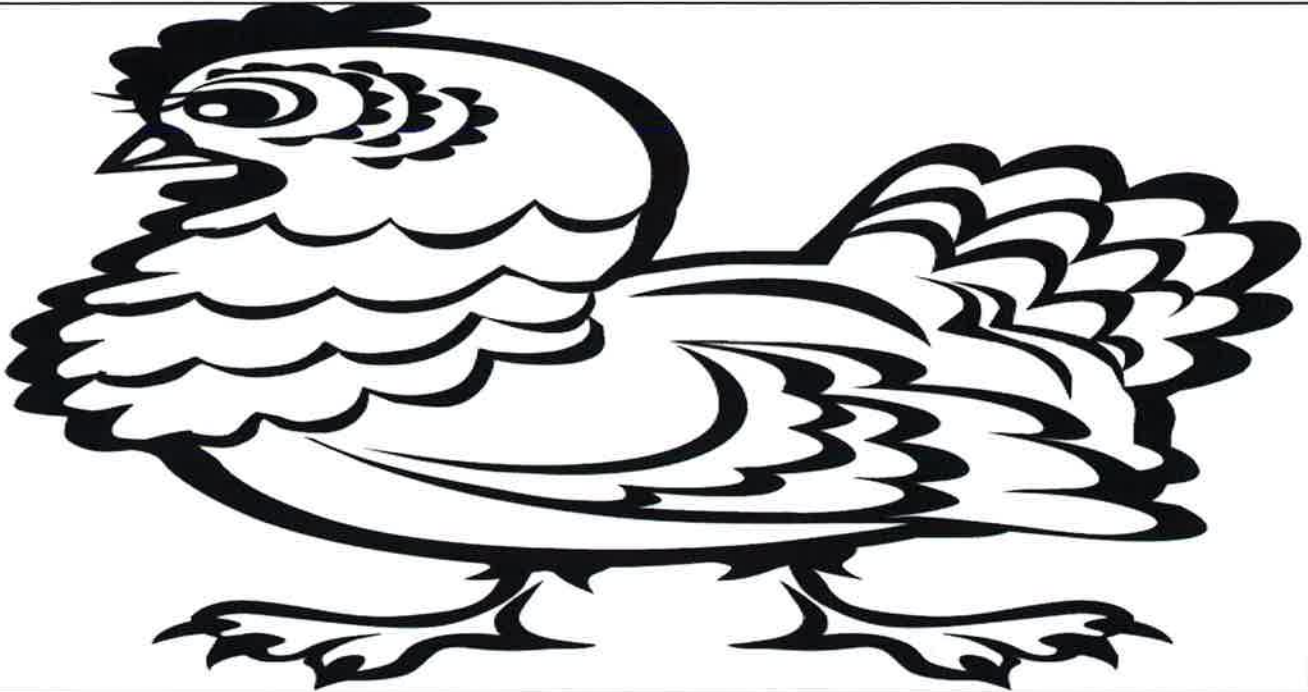
Chick-le

Peep-uh-hum

Word

Chicken

Frog



Halq'eméylem

Sp'óq'es

Semóye

Pronunciation

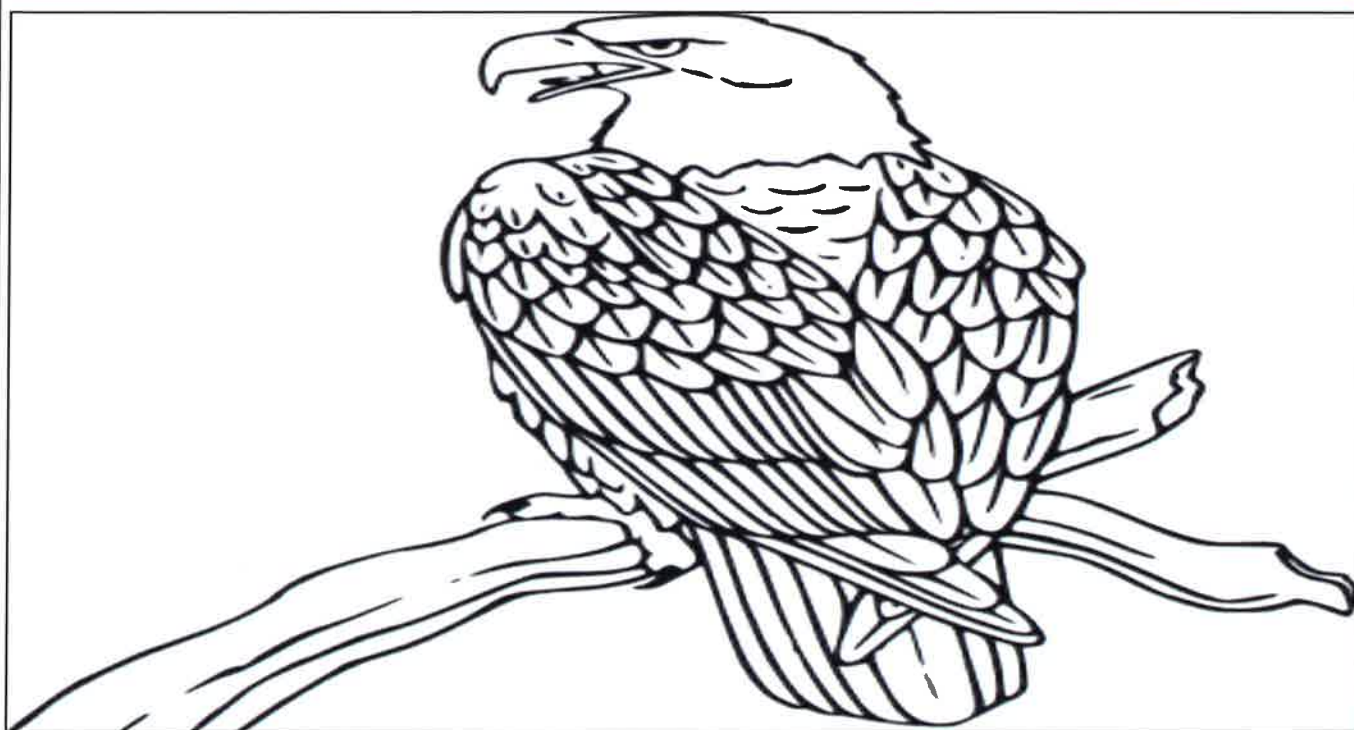
Spa-kiss

Sa-mai-ya

Word

Eagle

Bee, Honeybee



Message to the community

If you wish to continue learning Halq'eméylem you can go to: www.firstvoices.com

There was a battery recently stolen from a piece of equipment in the Sumas Maintenance Compound. If you have information, we would appreciate your assistance with having the battery returned! You can contact Kevin Garner at 604-751-0965, the RCMP at 604-826-7161 or Crime Stoppers at 1-800-222TIPS(8477)

If you would like to become a member of the Fraser Valley Aboriginal Child and Family Services Society in regards to pages 4-6 you can get the application from Reception at Building One.

Gracie Kelly is at SFN Building One every Thursday
Social Assistance appointments with Erna are Thursdays
Book your appointments with Reception at Building One.

Contact Information

Health and Administration Centre 604 852 4041 (Building 1)
Fax 604 852 4048 (Building 1)
Lands & Maintenance, LFFA Office & Smoke Shop 604 852 4040 (Building 2)
Fax 604 852 3834 (Building 2)
Newsletter submissions can be handed in or emailed to
Carissa.Silver@SumasFirstNation.com
Deadline for submissions is Friday February 20, 2015