



NEWS

Sumas First Nation

2788 Sumas Mountain Road Abbotsford, BC, V3G 2J2

Tel:604-852-4041

Fax:604-852-4041

SFN

Office Closure

Good Friday, March 30,
2018

Easter Monday, April 2,
2018



Annual Easter Egg Hunt & Pancake Breakfast

April 2, 2018 @ Community Hall

Doors Open @10:30

- Breakfast/Pictures/Egg Hunt



Interested in Catering for Sumas?

Please pay attention to some new guidelines

- Provide receptionist with current contact info: Phone number, email address
- Provide a list of Prices and Meal Selections: Snacks, Lunch, Dinner
- A copy of your food safe certificate

We are looking for healthy balanced meals from the 4 food groups off the Canada Food Guide. (Please no Styrofoam or Nestle bottles)

Keep in mind we alter catering jobs within the community caterers

Lastly, Thank you, to our current caterers who so willing share their gift as nurturers!

SFN Garbage Pick-Up!

Just a reminder that curbside garbage pick-up takes place every Thursday. Be sure to get your garbage out early and make sure it is properly bagged.

Newsletter Via Email

Would you like to receive your newsletters paperless? If you would like to help the environment, stop the prolonged post office delays, or have frequent address changes. Please email lori.kelly@sumasfirstnation.com and give permission to use your email address to send monthly community newsletters.

BMO Info Session-

Home Loans

April 12, 2018, 3pm-6pm

More Info to come!



Semá:th Lands & Resources Department is Hiring!

Are you interested in protecting Semá:th Lands & Resources? Please see the attached job descriptions for:

Semá:th Soil & Environment Monitors (2 Positions)

Semá:th Lands & Resources Assistant (1 Summer Student)



Beyond One Voice:

MAY
12

Building Compassionate Community
Through Dialogue & Song

1:30-4:30 PM
Abbotsford Hospice
32780 Marshall Rd

Join us for an engaging and inspiring afternoon of dialogue, experience and exploration of the power of music in the context of Grief & Loss Support.

This workshop will be facilitated by Accredited Music Therapists from the Camp Kerry Society.

Previous musical experience, skill or training is not required. However, we recommend that participants are a minimum of 4 months beyond the initial date of a significant loss or serious illness diagnosis.



Register: 604-852-2456 ext. 418 or email
dallas@abbotsfordhospice.org

SUMAS FIRST NATION ANNUAL EASTER EGG HUNT & PANCAKE BREAKFAST

Easter Monday
~ April 2nd ~
At the Community Hall
& Soccer Field

10:30 doors open
Pancake breakfast!
Pictures with the Easter Bunny!!
Egg Hunt! Prizes!!!



For more information, contact Alana at 604-852-4041 ext. 104, or email Alana.kelly@sumasfirstnation.com



WIN BIG



STO:LO SERVICE
AGENCY

\$5,000 CASH

SUPPORT THE YOUTH
MENTORSHIP PROGRAM

DRAWING

Draw to be held after \$10,000
in tickets have been sold.
Half (\$5,000) to the winner,
half (\$5,000) to Youth Mentorship.

BUYING TICKETS

In Person
7201 Vedder Road,
Chilliwack at Building 7
or the Sto:lo Gift Shop

CONTACT

MICHAEL SUEDFELD
Michael.Suedfeld@stolonation.bc.ca
or
SAMANTHA KAJI
Samantha.Kaji@stolonation.bc.ca

TICKETS

\$5 Each or \$20 for 5
Ticket holders do not have to be present
to win. Winner will be contacted.

Busy Bear Preschool
Presents

Community Day!
March 29th 12:00 - 4:00

Spring

Busy Bear Preschool Presents—SFN Community Day!

Please join us at the SFN Community Hall for lunch and performance by Gizmo the Clown, Face Painters, Arts & Crafts and a Photobooth to capture the fun!

If you have any questions please call Jennette Pigeon at 604-852-4041 ex: 105

Sponsored by
FNSEA, FNEC & Busy Bear Preschool

Spring has sprung! The flowers are peeking up at the brightening sky, and Mother Nature is yawning and stretching after her winter slumber.... To help you get in the mood for the season, why not try this:



Awe Walk (approx. 15 mins)

How to do it:

With the right outlook, awe can be found in almost any environment, turning a mundane experience into a flight of inspiration and wonder. It is most likely to occur in places that have two key features: physical vastness and novelty. These could include natural settings, like a hiking trail lined with tall trees, or urban settings, like at the top of a skyscraper.

You're more likely to feel awe in a new place, where the sights and sounds are unfamiliar to you. That said, some places never seem to get old.

No matter where you are, the key is to be in the right frame of mind. This practice is designed to help you get there — to turn an ordinary walk into a series of awe-inspiring moments, filled with delightful surprises. (For specific ideas for where to take an awe walk, see the list lower down.)

To get started, turn off your cell phone. Cell phones (and other gadgets) can be distracting and draw your attention away from what's happening around you. Even better, don't bring your phone with you at all so that you won't be tempted to check it.

During your walk, try to approach what you see with fresh eyes, imagining that you're seeing it for the first time. Then follow these steps:

Take a deep breath in. Count to six as you inhale and six as you exhale. Feel the air move through your nasal passages and hear the sound of your breath. Come back to this breath throughout the walk.

As you start to walk, feel your feet on the ground and listen to the surrounding sounds.

Shift your awareness now so that you are open to what is around you, to things that are vast, unexpected, things that surprise and delight.

Take another deep breath in. Again, count to six as you inhale and six as you exhale.

Let your attention be open in exploration for what inspires awe in you. Is it a wide landscape? The small patterns of light and shadow? Let your attention move from the vast to the small.

Continue your walk, and every so often, bring your attention back to your breath. Count to six as you inhale and six as you exhale. Notice—really notice—the multitude of sights, sounds, smells, and other sensations that are dancing through your awareness, usually undetected.

Once you get in the habit of taking walks like this, you may be struck by how frequently you have opportunities to experience awe—they are practically infinite.

As you move through your day, take note of the moments that bring you wonder, that give you goosebumps: These are your opportunities for awe. They may be in city areas, in front of art, listening to music, or connecting with others. Go out and find your awe moments and listen to them carefully, see where they guide you. As they stir humility and wonder, you may discover that they point you toward what you're supposed to do while you're here on Earth.



Submitted By Kim Laing, Health & Wellness Manager



Community Newsletter – March 2018

S'ólh Téméxwte ikwe'lo. Xólhmet te mekw' stám ít kwelát.

This is our Land. We must take care of everything that belongs to us.

Matcon Soil & Fill Permit Application

Semá:th is in discussions with Matcon Environmental to bring in fill to community lands for the purposes of development. Much of our land base is in the flood plain and must be elevated to allow for future development and to reduce the risk of flooding. The Lands & Resources Department is currently reviewing the environmental and other technical aspects of Matcon's proposal, and conducting the required archaeological and environmental assessments of our lands, to ensure that a proper permit is issued pursuant to the *Semá:th Soil Deposit, Removal and Transport Law, 2015*, and that other requirements in our Laws are met prior to any filling.

We are targeting this project to start in April. Please be advised that once the permits are issued, there will be heavy truck traffic within the community; however Matcon will only be able to travel along approved routes. The Lands Department will hold a community event in the near future to share further information about this project.

Additionally, once the required permits are issued, we will be hiring 2 people to serve as soil & environmental monitors (see job descriptions, attached) to ensure full compliance with our Laws and to protect our lands & resources.

To learn more, please contact the Semá:th Lands & Resources Department at 604-852-4041, ext. 223.

Semá:th Traditional Use and Occupancy Study (TUOS) Update

Phase 2 of Traditional Use and Occupancy Study "TUOS" wraps up March 31st. The TUOS is both a mapping project and a community history project, and is a vital tool in Semá:th's efforts to understand and communicate our unextinguished Aboriginal Rights & Title over S'ólh Téméxw – our Territory.

We have had an exciting and fulfilling year, building on the work of Phase 1. Our project is designed to celebrate, respect and preserve Sema:th history and land-based teachings. We engaged in the following activities in 2017-2018:

- Oral History interviews with Semá:th Knowledge Holders to record their experience with Lands;
- Creation of Traditional Use and Occupancy Biography Maps;
- Identification of over **400 cultural use sites** within Semá:th Territory;
- Stó:lō Connect Database to catalogue all information for Semá:th Lands Department to manage and preserve knowledge shared;
- Archival and Historical research;
- Creation of Sema:th Historical Photo Collection;
- Community Events: Sema:th Place Names Tour, Elder-Youth Storytelling Event;
- TUOS Open House/Presentation of Maps to Semá:th Knowledge Holders March 21, 2018.

It has been our great joy and honour to sit with many community members in our interviews to listen, learn, record and celebrate their histories. Our Elder-Youth Storytelling event was also an amazing opportunity to connect with youth and witness their interest in learning. We will continue to nurture these education and learning opportunities as our project continues. On behalf of TUOS Project Coordinator Meagan Gough, TUOS Research Assistant Amber Ned and the Semá:th Lands & Resources Department, we would like to thank all those who participated. We will be continuing to share updates though the summer on upcoming Phase 3 TUOS events and activities!



Figure 1: Meagan and Amber on a field visit for the TUOS



SUMAS FIRST NATION

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SEMÁ:TH LANDS & RESOURCES SOIL & ENVIRONMENT MONITOR

OFFICIAL JOB DESCRIPTION

POSITION TITLE: Soil & Environment Monitor
DEPARTMENT: Lands & Resources Department
NO. OF POSITIONS: 2
EMPLOYMENT STATUS: Full-time, Contract
REPORTS TO: Lands & Resources Manager

POSITION SUMMARY:

Semá:th is pursuing a soil fill project on various parcels of community land in order to advance economic and community development opportunities. The Soil & Environment Monitors serve the community of Semá:th by monitoring the filling operations that are permitted by the Lands & Resources Department, pursuant to the Semá:th *Soil Deposit, Removal and Transport Law, 2015*. The monitors will be the eyes and ears of the community and the Lands & Resources Department on the ground during filling operations, liaise between the Lands & Resources Department, fill contractors and technical consultants, and verify and report that incoming fill and environmental conditions on site are following the terms and conditions of Semá:th permits. This position involves regular field work on Semá:th lands in all weather conditions. The positions are dependent on funding.

DUTIES AND RESPONSIBILITIES:

- Be familiar with the self-governing authority of Semá:th, including the Semá:th Declaration, the Semá:th Land Code, and Semá:th Laws;
- Be familiar with and ensure compliance with the terms and conditions of Semá:th Soil Permit;
- Verify, track and report on incoming soil for permitted operations on community lands, including checking incoming trucks for proper paperwork and verifying the source of incoming material, tracking how many trucks and how much soil is brought onto community lands, conducting visual and olfactory tests on incoming soil and conduct soil sampling;
- Conduct environmental compliance monitoring on receiving sites, including taking photos and notes, ensuring that access to any receiving site is secured, that proper erosion and sediment control measures are in place, that proper buffer zones are being used, etc.
- Attend pre-construction/construction meetings and give weekly reports to the Lands & Resources Department;
- Issue stop-work orders and other remedies to ensure compliance with Semá:th permits.

REQUIRED EDUCATION AND EXPERIENCE:

- Monitors must have a professional attitude, be reliable and punctual, and be willing to assert authority with contractors to ensure compliance;
- Knowledge of general construction practices and environmental mitigation;
- Ability to read engineering drawings and Erosion and Sediment Control (ESC) drawings would be an asset;
- Applicants with BC Certified Erosion and Sediment Control Lead (BC-CESCL) are preferred;
- Minimum Grade 12 require;
- Previous work experience in environmental monitoring would be considered an asset;
- Must demonstrate an ability to take initiative and handle work in a fast-paced environment with constantly changing priorities;
- Familiarity with Stó:lō perspective in relation to lands, resources and governance would be an asset.

Wages will be commensurate with skills & Experience.

To apply, please send your cover letter and resume to stephen.mcglenn@sumasfirstnation.com by April 6th, 2018.

We appreciate all applicants, however, only those candidates selected for interviews will be contacted.



SUMAS FIRST NATION

2788 Sumas Mountain Road, Abbotsford, B.C. V3G 2J2

SEMÁ:TH LANDS & RESOURCES ASSISTANT (SUMMER STUDENT)

OFFICIAL JOB DESCRIPTION

POSITION TITLE: Lands & Resources Assistant

DEPARTMENT: Lands & Resources Department

NO. OF POSITIONS: 1

EMPLOYMENT STATUS: Full-time, Contract – Summer Student Position

REPORTS TO: Lands & Resources Manager

POSITION SUMMARY:

Semá:th Lands & Resources is currently seeking a motivated member of the community who is currently enrolled, or who is planning on enrolling, in a post-secondary program to fill the position of Lands & Resources Assistant. This person will assist in all office duties, including records management, scheduling, outreach, historical research and other clerical duties. If the applicant has the interest and ability, opportunities may be available to participate in some minor field work activities (e.g. environmental monitoring, data collection).

DUTIES AND RESPONSIBILITIES:

- Assisting with records management;
- Review, scan and file various historical documents, including sensitive and/or confidential information;
- Assist in the preparation and delivery of communication and outreach activities to Semá:th membership related to the Lands & Resources Department;
- Assist in the preparation of meeting materials, including printing documents and preparing agendas and presentations;
- Attend meetings as needed to record and distribute notes and minutes;
- Assist in scheduling, making calls and setting up meetings;
- Answering phone calls and conveying messages to Lands & Resources Department staff;
- Provide written reports as needed;
- Conducting online and archival research as needed;
- Other duties as required.

REQUIRED EDUCATION AND EXPERIENCE:

- **You must be a Semá:th member currently enrolled in full-time studies, available for the summer, and returning to full-time studies in the fall, or a member who is planning on enrolling in full-time studies this fall;**
- Must be enthusiastic, self-motivated and willing to represent the community and the Semá:th Lands & Resources Department in a professional manner;
- Must possess excellent communication skills, both verbal and written;
- Proficient with all Microsoft Office programs;
- Experience with filing and records management would be an asset;
- Previous office administrative experience would be an asset;
- Must have an interest in promoting and protecting Semá:th Lands & Resources and Semá:th Culture.

Wages for this position will be set at \$14.65/hr. The applicant will work up to 35 hours per week, for up to 13 weeks (May-August).

To apply, please send your cover letter and resume to stephen.mcglenn@sumasfirstnation.com by **April 6th, 2018**.

We appreciate all applicants, however, only those candidates selected for interviews will be contacted.



Employment Opportunity

Job Title: *LFFA Program Assistant*
Location: *Abbotsford, BC*
Term: *Temporary full-time position to March 31, 2019. Annual extensions subject to funding.*
Start date: *Immediately*
Wage: *Subject to experience and qualifications.*
Reports to: *LFFA Executive Director*

BACKGROUND:

The Lower Fraser Fisheries Alliance (LFFA) currently serves thirty First Nation communities from the mouth of the Fraser River to the Fraser Canyon of which twenty-two are signatories to the LFFA Society. The organization is guided by an Executive Committee who is directed by the leadership of the Lower Fraser First Nations. The LFFA advocates and supports collaboration of First Nation communities, leaders and their members on fishery matters.

The fishery initiatives include coordination of dialogue forums, capacity building, engagement with DFO and other fishery organizations, and development of fisheries management frameworks.

BASIC FUNCTIONS:

The role of the Program Assistant is coordination, scheduling, planning, financial processing, and technical support to fisheries program staff, the Executive Director and Executive Committee. Activities will include:

- Assist with drafting of monthly LFFA communications (newsletters, communiqués, website, calendars, media releases) and coordinating e mail distribution and contact lists.
- Assist with meeting coordination and conference planning, including setting up communications, technical and meeting equipment.
- Preparation of agendas, record meeting minutes and dissemination of correspondence.
- Preparation of documents, summaries, and reports.
- Assist with development and implementation of communications, website, branding and information management strategies.
- Processing travel, expense claims and related invoices.
- Other duties and administrative support to the LFFA Executive Director.

SKILLS AND KNOWLEDGE REQUIRED:

- Knowledge and experience with fisheries resource management or related programs.

- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Proficient in MS Office programming, intermediate/advanced computer and typing skills.
- Excellent organizational and time management skills.

OTHER REQUIREMENTS/ASSETS:

- 1 – 2 years of Post-Secondary educational courses in Business Administration, Information and/or Office Management or 2-4 years of relevant on-the-job training and work experience;
- The ability to work in a team environment and independently.
- The ability to work flexible hours and away from home to attend meetings or conduct field work.
- Valid BC Drivers license and reliable transportation.

Application Deadline: 4:00 pm March 28, 2018 or until the position is filled.

Interested candidates should submit their resume, 3 letters of reference and a cover letter to:

Attn: Don Simpson, Program Coordinator
Lower Fraser Fisheries Alliance
2788 Sumas Mtn. Rd.
Abbotsford BC V3G 2J2
Tel: 604-309-7824
Fax: 604-852-4048
E mail: don.simpson@lffa.ca

Only those selected for an interview will be contacted. Preference is given to persons of Aboriginal ancestry as per Section 41 of the Human Rights Code.