



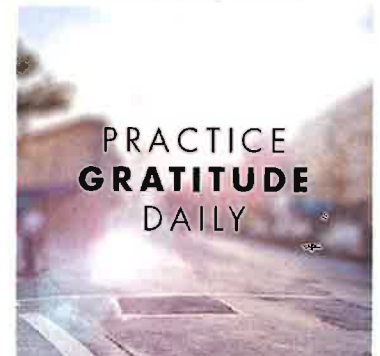
NEWS

Sumas First Nation

Tel: 604-852-4041

Fax: 604-852-4048

2788 Sumas Mountain Road, Abbotsford, BC, V3G2J1



Reminder of SFN Office Closure on Monday, October 8th, 2018 for a Celebration of Thanksgiving.

Thanks to All members, staff and special guests for attending and celebrating the 1 YR-Declaration Celebration

“Tell me and I forget... teach me and I remember... involve me and I learn”

Benjamin Franklin

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 <i>Thanksgiving</i>	9	10	11	12	13
14	15	16	17 <i>Early Dismissal -District #34</i>	18 <i>Early Dismissal -District #34</i>	19 <i>Pro-D Day</i>	20
21	22	23 <i>Sound Meditation</i>	24	25 <i>Stephen McGlenn's B-day</i>	26	27
28	29	30 <i>Kim's Laing's B-day</i>	31 <i>Halloween</i>			

You are invited...
... to an evening of Sound Meditation

Tuesday, October 23rd.

6:00pm in the Health Room

Bring your yoga mat and a bottle of water (some mats will be available)



Cheryl Redfern has a background in nursing, most recently in First Nations health, as well as experience working with addiction. She brings a wealth of knowledge in both allopathic and complementary healing.

Her passion is to create a transformational space with sound energy using crystal bowls, monochord, flute, drums and voice.

Sound therapy has been proven effective in not only achieving a state of deep relaxation, but also moves through blockages in the body. Sound therapy has been used to treat conditions including stress, anxiety, high blood pressure, depression, sleep disorders, pain and autism

Sound is the key to open up the mystery to who we are

"Somewhere beyond right & wrong, there is a garden. I will meet you there" (Rumi)

Education and Membership Services News – Jennette Pierre

I am in the midst of planning for Maternity Leave, my last day of work is Saturday, November 24, 2018. September has been a crazy month of reporting to INAC, making sure all our students are accounted for and ready for the new school year, attending events, preparing for events, all while continuing to have my desk work completed and handed in on time *and* making sure I have everything ready for my replacement!!

This month I am going to complete the SFN Nominal Roll and updating the Living Allowance portion of our Post-Secondary Education Policy (PSEP). Councillor Jackie Bird came to me in the summer and asked that this be a priority and for this to be completed prior to my Maternity Leave.

The two of us have had a few meetings regarding the PSEP and were in agreement that the Living Allowance has been neglected for far too long. This being that the Living Allowances have been the same amounts since 1996... I have been in contact with the Policy Director of INAC and am now in the stages of completing a few different options to bring to Chief and Council prior to my Maternity Leave.

Orange T-Shirt Day

The Aboriginal Center of School District #34 held their 2nd Annual Orange T-Shirt Day walk at Mill Lake on September 28, 2018. There were 700 people registered for the walk and it was a beautiful sea of orange and a day of reflecting and honouring our Residential School Survivors and the ones who didn't make it home.

Everybody was invited and everyone is welcome to attend the walk next year please make plans to join the district in next years Every Child Matters Walk.

Yale Secondary Aboriginal Families Welcome Dinner

Please join the staff of Yale Secondary in the Aboriginal Welcome Dinner!! This is a fun event where you get to mingle with other parents and get to know the teachers in a comfortable and welcoming atmosphere!!

When: Wednesday, October 3, 2018

Dinner: 5:15 p.m. (Punctual) in Yale's school cafeteria

Meet the Teacher Night: 6:30-8:30 in the Large Gym

Yale Secondary After School Tutoring

Just a reminder that Yale Secondary offers after school tutoring sessions. If your son/daughter is having difficulties in any of their subjects Yale offers tutoring after school tutoring sessions from 2:30 p.m. to 3:30 p.m. The student should only stay as long as they need to. This is not mandatory; the session is only to offer extra help. If you are unable to pick your child up from the tutoring session Jennette will be able to do so on your behalf. If for some reason Jennette is unable to do so, Kimberley Laing is willing to. For further information, please do not hesitate to contact Jennette at 604-852-4041 ex: 105.

High School Attendance Incentive Draw

This year we are bringing in a new attendance incentive!

All students Grade 8 – Grade 12 will be entered in an attendance draw for each month that a single unexcused class was not missed. The draw will take place every third (3) month and the prizes for the month are going to be exciting and worth not missing a class of school for!!

Please be sure to let your child/ren know about the incentive, they can also come speak to Jennette Pierre any time for further discussion!! If you live out of the Sumas Territory / Province please call Jennette at 604-852-4041 ex: 105 to arrange specifics!!

School Supplies

If your child is a status child living on-reserve (Sumas First Nation) your child is eligible for School Supply Allowance. The Education Administrator had recently completed all requirements of this allowance for the list of students she had on file back in August.

If you hadn't received school supply allowance for your child/ren please call the Jennette Pierre at 604-852-4041 ex 105 and she will ensure to get the cheque completed as soon as possible.

School Clothing Allowance

The School Supplies and Clothing Allowance were on one cheque if you were eligible for both incentives. The cheques were sent out to our members back in August. This is a different allowance than the School Supplies as this is available to Pre-School to Grade 12 Status Members of Sumas First Nation and non-Status children of Sumas First Nation parent/s.

If any of your children have been missed please be sure to call Jennette Pierre as soon as possible at 604-852-4041 ex 105.

Post-Secondary

Jennette completed the Post-Secondary Education Report to INAC in September. This was a very detailed report which outlines how much we had spent on each student, documented individually and sent to INAC. It had taken a few days to complete this report but it has been completed and sent to INAC before the deadline.

Our post-secondary students have been reaching great milestones! Their hard work and dedication to their education career is very impressive. I am so proud of each and every one of you!! Keep up the hard work, when you shine, we all shine!!

Note: see Jennette's message above regarding Post-Secondary School Living Allowance message.

Post-Secondary Availability

Have you been yearning to go back to University? Now is your chance, for the first time in over a decade we have funding available to fill two (2) extra full time post-secondary students.

This availability is due to a successful report completed by the Education Administrator asking for access to extra funding and we received it – an extra \$47,000. Mind you sending one student for an entire year averages between \$17,000 – \$22,000 per year meaning \$47,000 can only stretch so far but we are VERY excited about this opportunity and we do not want you to miss out!

If you are interested in beginning a University program starting in the upcoming Winter Semester (beginning in January) please be sure to call Jennette Pierre as soon as possible to discuss eligibility for the funding – the funding is first come first served as long as the program meets the requirements of our funding guidelines.

Busy Bear Preschool / Daycare Facility Update

Busy Bear Preschool / Daycare Facility is expected to be completed by/near the end of January 2019, with an *expected* Grand Opening in March 2019 (*fingers crossed everything runs smoothly*). The site chosen to situate the building is on Kilgard Road.

The name of the facility is expected to change to honour the late Hugh Luther Kelly Sr. as the property the facility is going to be situated on was signed over to the Band by Hugh Kelly Sr. well over 20+ years ago. This property was originally donated to situate a playground but has been sitting vacant for over two (2) decades.

Busy Bear Preschool has a new Manager who began working back in June. Jeshia Flores is a very ambitious, kind hearted lady who has been going above and beyond her call of duty. If you haven't met her at our recent community events, you will be meeting her soon.

Membership Programs & Services News – Jennette Pierre

Recreation Funding

Please note the Recreation Funding for Children registered to Sumas First Nation aged 0 – 18 has been increased from \$350.00 to \$500.00. Remember that this funding can be used for anything to do with recreational activities. Examples are but not limited to: swimming, dance & music lessons; football fees/gear, hockey fees/gear, soccer fees/gear etc. Also note that this fund is replenished every April 1st. If you have any questions please do not hesitate to call Jennette Pierre at 604-852-4041 ex 105 or shoot her an email at Jennette.Pierre@sumasfirstnation.com

Christmas Distribution

Dare I say the word 'Christmas'? Yes, Christmas is going to be upon us before we know it! I already see decorations out at Costco!

If you or any of your loved ones have changed address' and/or moved in the past year, please be sure to notify Jennette at 604-852-4041 or Jennette.Pierre@sumasfirstnation.com as soon as possible as this takes an enormous amount of time to complete all details adding up to the day of distribution. Thank you!

Dollywood Imagination Library

Reminder: Your child is eligible to receive a book in the mail every month from birth up to your child's 5th birthday! Sumas First Nation sponsors all Sumas children and non-Status children of Sumas parents to join the Imagination Library.

Each month following registration your child will receive a book in the mail that is age appropriate! Children love to be read to and the sooner you begin to read to your child the more in love with reading they become. For more information contact Jennette Pierre at 604-852-4041 or email me at the email listed above.

Remember registration only takes a few minutes, once you completed your form I can sign you up!

LFFA

SEEKING BOAT OPERATORS & CREW MEMBERS FOR GHOST NET REMOVAL

The LFFA has been invited to participate in the Ghost Net removal project, funded through the Fraser River Sturgeon Conservation Society (FRSCS). The LFFA is coordinating First Nations participants and communication to communities about the project. The FRSCS is coordinating sport fishing group vessels and crew members. We will be removing ghost nets, where possible, or mapping ghost net locations if nets are too large to remove. We will also be mapping large snags for possible removal. Nets found near the water line may be moved up the shore if there is a risk they could be swept up in high water. We will be tagging these nets with information about the project so fishers know why they were moved. We will also be providing a telephone number to fishers who lose nets, so we can restore nets to their owners!

We are dividing the river into two sections: upper river (Mission upstream) and lower river (Mission downstream). We are looking for interested skippers with vessels that have appropriate insurance and licensing for up to six passengers, and crew members. Rates are \$695/day (including the operator/captain) for smaller vessels, \$1,390/day (including the operator/captain) for larger vessels, and \$200/day for crew members. There are approximately 36 boat-days (with larger boats counting as two boat-days). We will be scheduling removal days during fishery closure windows throughout October and November).

Please contact me if you'd like more information, or if you are interested in participating, by email or telephone (my contact information is below).

Thank you!

Jeanne Hughes, Biologist, R.P. Bio

Lower Fraser Fisheries Alliance

604-615-9333

Jeanne.hughes@lffa.ca

2788 Sumas Mountain Road, Abbotsford, BC, V3G 2J2



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Abbotsford, BC V3G 2J2
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Fax: (604) 852-4048

Sema:th Fisheries Habitat Restoration Crew Leader

The Semá:th Lands and Resources (L&R) Department is seeking someone who sees themselves as being passionate about fisheries habitat restoration with an emphasis on riparian restoration. The land adjacent to the Sumas River has been disturbed by agricultural practices. Over the year's riparian vegetation was removed to facilitate agricultural land use. Removal of riparian vegetation has detrimental impacts on the health of a watercourse which includes, increased water temperatures, reduced nutrient input for micro-organisms and invertebrates, bank instability and accelerated erosion processes and a reduction in stream complexity reducing the biodiversity. The successful candidate will provide leadership to the restoration crew during maintenance and restoration efforts, which includes removal of the invasive non-native plant species (blackberry) and re-vegetate the area with native trees and shrubs. Assist and participate in community events to promote the program such as river clean ups, planting events and other events as required.

Responsibilities:

- Reports to the Fisheries Habitat Stewardship Coordinator;
- Provide leadership to a crew of 3 to 5 people;
- Use of hand and power tools to remove invasive non-native plant species such as blackberry from infested areas;
- Plant native trees and shrubs;
- Maintenance of the re-vegetated areas;
- Responsible care of all equipment, tools and rental vehicles;
- Completion of weekly logs;
- Participate in community events to promote the Fisheries Habitat Restoration Program;
- Ensure work is carried out in a safe and timely manner;
- Assign, monitor and assist with duties of the crew to ensure quality outcomes;
- Must comply with all company policies and procedures;
- Wear appropriate Personal Protective Equipment (PPE);
- Other tasks as required.

Minimum Qualifications and Experience:

- You must be a Semá:th member;
- Ability to work outside in all weather conditions;
- Great attitude and initiative to maintain a positive work environment;
- Ability to work independently and as part of a team;
- Strong work ethic and attention to detail;
- Time management skills and strong attendance record;
- Plant identification is an asset but not required. Training will be provided;
- Valid clean driver's license is an asset;

This is a temporary contract position for the duration of 3 months. Wages will be \$18/hour.

APPLICATIONS DEADLINE: OCTOBER 05TH, 2018

Interested candidates are required to submit a resume to:

Sumas First Nation
Attention: Carrie Milsop Fisheries Habitat Stewardship Coordinator
Lands & Resources Department
3092 Sumas Mountain Road
Abbotsford, BC V3G 2J2
Fax: (604) 852-4048
Carrie.milsop@sumasfirstnation.com

We appreciate all applicants, however, only those candidates selected for interviews will be contacted.



Sumas First Nation

2788 Sumas Mountain Road
Abbotsford, BC V3G 2J2
Phone: (604)-852-4041
Fax: (604)-852-4048

Semá:th Fisheries Habitat Restoration Crew (3 Positions)

The Semá:th Lands and Resources (L&R) Department is seeking to hire 3 crew members who sees themselves as being passionate about fisheries habitat restoration with an emphasis on riparian restoration. The land adjacent to the Sumas River has been disturbed by agricultural practices. Over the years, riparian vegetation was removed to facilitate agricultural land use. Removal of riparian vegetation has detrimental impacts on the health of a watercourse which includes, increased water temperatures, reduced nutrient input for micro-organisms and invertebrates, bank instability and accelerated erosion processes and a reduction in stream complexity reducing the biodiversity. The crew will maintain and restore riparian habitat, which includes removal of the invasive non-native plant species (blackberry) and re-vegetate the area with native trees and shrubs. Participate in community events to promote the program such as river clean ups, planting events and other events as required.

Responsibilities:

- Use of hand and power tools to remove invasive non-native plant species such as blackberry from infested areas;
- Plant native trees and shrubs;
- Maintenance of the re-vegetated areas;
- Responsible care of all equipment, tools and rental vehicles;
- Participate in community events to promote the Fisheries Habitat Restoration Program;
- Ensure work is carried out in a safe and timely manner;
- Must comply with all company policies and procedures;
- Wear appropriate Personal Protective Equipment (PPE);
- Other tasks as required.

Minimum Qualifications and Experience:

- You must be a Semá:th member;
- Ability to work outside in all weather conditions;
- Great attitude and initiative to maintain a positive work environment;
- Ability to work independently and as part of a team;
- Strong work ethic and attention to detail;
- Time management skills and strong attendance record;
- Plant identification is an asset but not required. Training will be provided;
- Valid clean driver's license is an asset;

This is a temporary contract position for the duration of 3 months. Wages will be \$16/hour.

APPLICATIONS DEADLINE: OCTOBER 10TH, 2018

Interested candidates are required to submit a resume to:

Sumas First Nation

Attention: Carrie Milsop Fisheries Habitat Stewardship Coordinator

Lands & Resources Department

3092 Sumas Mountain Road

Abbotsford, BC V3G 2J2

Fax: (604) 852-4048

Carrie.milsop@sumasfirstnation.com

We appreciate all applicants, however, only those candidates selected for interviews will be contacted.

Attention: All community and band members

Re: Home Fire and Life Safety Workshop

Date: October 18 2018

Time: 5:30pm – 8:30pm

Location: Sumas Community Hall

We are hosting a **FREE** Home Fire and Life Safety Workshop in partnership with First Nations' Emergency Services Society (FNESS). This workshop is open to all band and community members. *Children are welcome; with their inquisitive minds, they add to the conversation and help to educate us as parents by asking questions that we would not normally ask!

This is a lively workshop for community members. We discuss smoke alarms, fire extinguishers, common causes of fires in homes and how to plan and practice an escape plan in the event of a fire.

We want to give you the tools to prevent house fires and prepare and plan for safety in the event of a house fire.

Dinner will be provided!

Please join us for an evening of dinner, sharing, education and learning!

For more information, please contact Annie at annie.silver@sumasfirstnation.com or by phone at 604-852-4041 ext 104.



**First Nations'
Emergency Services Society**

O F B R I T I S H C O L U M B I A

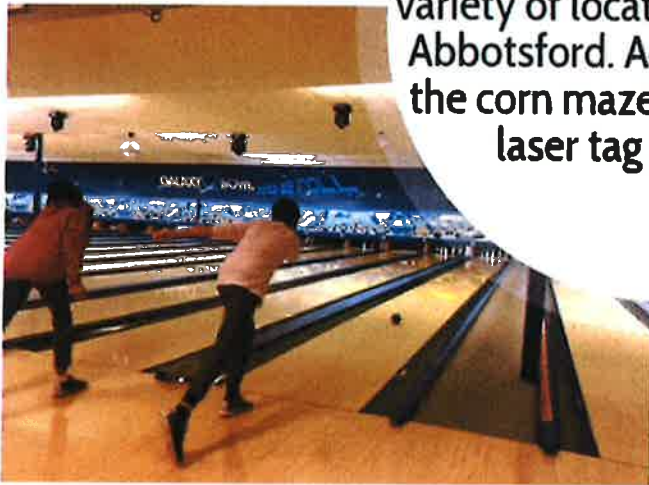


Girls | Guys | Youth Nights!

For Youth ages 12-16



Join us for **8 weeks** of fun, recreational activities at a variety of locations throughout Abbotsford. Activities include the corn maze, rock climbing, laser tag and more!



Guys Night: Tuesdays
Girls Night: Wednesdays
Youth Night: Thursdays

**Starts the week
of Oct 9!**

\$50

All sessions run from 7pm - 8:30pm
*Financial Assistance May Be Available

REGISTER ONLINE!
www.abbyouth.com



FALL 2018

YOUTH DROP-IN

Youth ages 12 - 18 are invited to join us at our fully staffed Youth Centres. Drop-in and say 'hi'!

Youth Centre at ARC

2499 McMillan Road

Mon - Thur 2:30 - 5pm
Friday 2:30 - 10pm
Saturday 7:00 - 10pm

Youth Centre at MRC

3106 Clearbrook Road

Mon - Thur 2:30 - 5pm
Friday 2:30 - 10pm

FREE

Healthy snacks served daily at both Youth Centres!

OPEN GYM at ARC

Friday 7pm - 8pm
Saturday 8pm - 10pm

Sign in at the Youth Centre then head into the gym & play!

BASKETBALL

Weekly Drop-in Basketball for Youth ages 12 - 18!

Wednesdays 8pm - 10pm

Location: Abbotsford Middle School

Starts in October!

GIRLS | GUYS | YOUTH NIGHTS

For Youth
Ages 12 - 16 yrs

Join us for 8 weeks of fun, recreational activities at a variety of locations throughout Abbotsford. Activities may include the corn maze, rock climbing, martial arts and more!

All sessions run from 7pm - 8:30pm

Guys Night: Tuesdays
Girls Night: Wednesdays
Youth Night: Thursdays
Starts the week of Oct 9!

Register online!
abbyouth.com

\$50

REGISTER ONLINE!
www.abbyyouth.com



LIFE SKILLS

Red Cross Babysitter's Training **\$60** For youth ages 11 - 15

All sessions run from 9am - 4:30pm

Five dates to choose from:

September 21 (F) November 3 (Sa) December 8 (S)
October 19 (F) November 23 (F)

Employment Readiness **\$50** For youth ages 13 - 18

We'll give you the skills you need to get a job!

September 21 (F) 9am - 4pm

Level One FoodSafe* **\$78** For youth ages 14 - 18

All sessions run from 9am - 5pm

Three dates to choose from:

September 29 (Sa) October 19 (F) November 23 (F)

*Certificate provided upon successful completion

LEADERSHIP

Introduction to Leadership **\$45** For youth ages 12 - 16

Earn a leadership certificate through this fun, engaging, one day course!

October 19 (F) 9am - 2:30pm

Stand Out Leadership **\$65** For youth ages 14 - 18

Gain practical skills to become a successful youth leader. Course includes instruction time plus a chance to host an event in our Youth Centre on a future date

November 23 (F) 9am - 2:30pm
plus volunteer date

Free

Youth Focus For youth ages 12 - 18

Not ready to commit to a leadership course? Join us for our FREE weekly Youth Focus groups at our Youth Centres. Check our online calendar for dates & times.



Find us online: www.abbyyouth.com



@AbbyYouth



Abbotsford
Youth
Commission

We acknowledge the financial assistance of the
Province of British Columbia



FREE Youth Dinner Nights!

Each month, our Youth Centres host a 'family style' sit down dinner. Youth help prepare and serve the dinners. Check our website for dates & times.

Our Dinner Nights and daily snacks are supported by
President's Choice Children's Charity and the Abbotsford
Community Foundation

